

**Report of**  
**CAPACITY DEVELOPMENT PROGRAMME ON**  
**Communication Skills for Youth of North Eastern and Hilly (NEH) Regions of India**  
**11-13, March, 2024**

The Personality Development and Career Counselling Unit (PDCCU), Placement and Entrepreneurship Cell of ICAR-CIFE, Mumbai organized a transformative capacity development programme aimed at enhancing communication skills of the youth of NEH regions from 11-13, March, 2024.

The initiative was led by Dr. Ravishankar C.N., Director, ICAR-CIFE, Mumbai and Dr. N. P. Sahu, Joint Director, ICAR-CIFE, Mumbai.

The programme benefited from the expertise of Verbal-Non-Verbal-Audio (V-N-A) trainer Shri. Dinanath Chowrasia. Shri. Chowrasia's extensive knowledge and experience as a trainer in communication provided the trainee participants with valuable insights and practical techniques to improve their communication skills. His collective insights enriched the programme offering diverse perspectives and strategies for effective communication.

**Program Highlights:**

- **Interactive session:** The programme included interactive session allowing participants to engage actively in learning and practicing the skills covering verbal, non-verbal and audio aspects of communication.
- **Practical exercises:** Practical exercises were incorporated in the programme to provide hands-on experience and reinforce learning.
- **Individual feedback:** Participants received individual feedback from the trainer enabling the trainees to identify areas for improvement and tailor their communication styles accordingly.

The coordination of the workshop was carried out efficiently by the Personality Development and Career Counselling Unit Placement and Entrepreneurship Cell team Mr. Abuthagir Iburahim. S, Dr. Deepitha R.P., Dr. Manish Jayant, Dr.Kapil Sukdhane and Dr. Arpita Sharma.

Building on the success of this program, ICAR-CIFE remains committed to organizing similar initiatives in the future, catering to the evolving needs of students and ensuring holistic development of students.



